



President's Report 2023

KNC was established in 1979 and is still growing stronger with each season! Since 1979, many volunteers have worked together to build strong foundations of integrity ensuring the success of the Kardinya Netball Club.

Well, another season done & dusted! Season 2023 has proved to be another outstanding and challenging year. 17 sides represented Kardinya this season - 7 Senior sides, 1x 17/U and 9x Junior sides. Twelve teams made it to finals, and our two baby sides ended the season with big smiles on their faces. For a small club the results are sensational. Great effort by our grading committee at the beginning of the season!

This season also saw the introduction of our NET program, which was solely run by a crew of KNC volunteers. The crew included Chelsea Eldrige, Jo Macri, Elizabeth Rumble and Ellie Williams. This program gives our youngsters a chance to be ready to play in a team environment the following season, while having fun and learning the basic skills.

To our KARDY COACHES, a sincere thank you for giving your time and energy in developing our young and senior players into confident, happy netballers! Each team needs to have a person to guide, encourage & develop a player/team, and that is the coach! Super job done by all the KARDY coaches.

We had 5 KNC coaches represent FNA this season, Chelsea Eldridge, Zoran Panzic, Jane Thompson, Janelle Mudie & myself. Zoran U/20's GF, Janelle U/13-3 GF, Jane U/13-4 R/U, Chelsea U/14-1 3rd & myself U/16-3 R/U, outstanding effort from our coaches. Janelle Mudie & I also were coaches for the FNA Development program at Southern Districts and won with the FNA 12/Div 1 and 14/Div 1 respectively. Chelsea Eldridge also was apprentice coach to the Sharks Academy, has been offered an assistant coaching position for WANL @ Comets for season 2024.

To our KARDY UMPIRES, it's a job not many would tackle, but credit and a huge thank you to those few who have given it a go. We all need to remember, without an umpire there is no game. Love 'em or disagree with 'em, we still need 'em! Elise Currie & her team of umpires have done an exceptional job this season, with many of our juniors taking up the whistle!!

To all our volunteers that assisted with timing, scoring, carrying sports bags, fundraising and general all-rounders, a very <u>BIG</u> thank you! We are all **VOLUNTEERS**, with families, jobs & other commitments outside of netball, but together help keep this club well oiled & fun!

A huge thank you from me! To my EXECUTIVE and GENERAL COMMITTEE, I could not run this awesome Family Netball Club without you. As many of you know it has been a challenging season for myself personally, with the passing of my Mum in June, but with my amazing committee Natalie Sullivan, Danika Wylie, Chelsea Eldridge, Alissa Hillman, Elise Currie and the extended General Committee, we got through. We also had some joyous news for season 2023, Aleshia Waghorn former SA4 had a little boy, Kristy Perring former SA4 had a little girl, Katie Scatterfield SA3 announced she is pregnant, Taylor Marsh SB7 announced her pregnancy, Kaylah Shea former SA4 is pregnant, Danika Wylie, our Treasurer got married, Laura Musca SB1 got engaged and Jaimi Balis SB8 is getting married.

To our sponsors, **THANK YOU**, as again, we could not have had a successful year without your amazing support. To those that have supported KNC functions, chocolate drive and cake stall, this season, a very big thank you.

To our Kardinya Netball Players for season 2023, as your president, I have been so proud of how you have worn the uniform with pride and have had respect for the opposition, umpires, coaches, assistant coaches, team managers and especially <u>YOUR</u> teammates! I really hope you all have made some new friends in season 2023 and ready to return in season 2024 with a few new friends in tow.

To our parents of Kardinya Netball Club, thank you for allowing us to encourage, challenge and support your child in our netball world. Remember we are a family club and if any parent would like to take up the challenge of coaching, assistant coaching, umpiring or would even like to tackle the committee side of things, we would love to have you onboard. "Remember many hands make light work."

2022 Awards

Margaret Rudderham Club Person Award

Margaret Rudderham was a long serving member of the Kardinya Netball Club and was made a life member in 1989. This award recognises a volunteer or player of the club who has been outstanding in services to the club during the season. Supporting all without question or hesitation.

Recipient: Sophie Keech

Jane Thomson Junior Club Person Award

Jane Thomson is a long serving member of the Kardinya Netball Club and was made a life member in 1994. The Jane Thomson Junior Club Person award is awarded to a player who makes themselves available in any capacity they can. This can involve umpiring, fill in for higher graded teams, helping at training and basically making our coaches members lives infinitely easier.

Recipient: Robyn Stander

Beryl Armstrong Club Person Award

Beryl Armstrong was a founding club member in 1979, the first President of the club and the first member to be awarded Life Membership. The award is in recognition of services above and beyond to the club and its members for the season. The award is presented annually at our club presentations.

Recipient: Jo McKenzie

The June Sullivan Umpiring Award

Dedicated to the memory of June Sullivan, a long serving member of the Kardinya Netball Club committee, this award recognises the contribution, dedication and/or development of an umpire throughout the season. The award is presented annually at our club presentations.

Recipient: Caitlin Mudie

10 YEAR SERVICE AWARD Sophia Pitaro

TEAM AWARDS

20 YEAR SERVICE AWARD

Alissa Hillman

SA4

MVP – Aleshia Waghorn Team Player – Tarryn Hughes

SA7

Most Consistent - Kristie Bullock Coach's Award - Daniela Kuzet

Most Dedicated – Meg Davies SB5

MVP – Josephine Macri Player's Award – Sophie Keech

SB7

MVP - Samantha Chapelton Most Consistent - Kellie Cullen

SC1

MVP – Hithyshini Prasad Team Player – Taylor Marsh SC2

MVP – Katrina King Runner Up – Isabelle Ward 19U Div 1

Most Consistent – Jayde Plozza

17U Div 5

Fairest and Best – Sophia Pitaro
Team's Choice – Kasey Scarfe

JA5

Most Improved – Aether 'Pyro'
Vivian

Player's Player – Liana Jones

JB5

Best and Fairest – Abby King Runner Up – Caitlyn Jamieson JC4

MVP – Genevieve Daker Coach's Award – Harper Bamford

JD3

Player's MVP – Gemma Vinson Most Improved – Amber King

JE2

Most Consistent – Danika Jamieson

Most Improved - Mackenzie Travis

JE5

Most Consistent - Lucia Vaccari
Most Improved Alexa Santich



JD4 coached by Chelsea and Alice



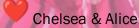
What a year these girls have had, finishing the season as the Minor Premiers, only losing 3 games throughout the season.

We have both loved watching you all grow as individuals and as a team this year, every single one of you have grown enormously as players improving from strength to strength throughout the year.

It has been a pleasure to coach you all this year, we hope you have all had fun, learnt lots, built new friendships and just enjoyed playing netball.

Let's bring on Finals with a Bang... and fingers crossed we are all sitting here reading this page with those medals around our necks. If not... you have all done us extremely proud this year, played with real sportsmanship and determination.

You are all Champions in our eyes!









JD1 coached by Jane and Leanne



Where do we start with this gorgeous bunch of vivacious, chatty 11/12-year-old JD1 girls. After being undefeated last year and wining our Grand Final by 24 in Division 2, we were elevated to being the "new" team in Division 1. This was also a big achievement as the clubs only top Junior Division team. Before game 1 (bright and early at 7.15am!!) parents/players met where we discussed the challenges ahead being the newbie team against other much larger pre-existing division 1 clubs, the vast difference in pace and the additional pressure of Division 1. Our goal was to win a couple of games, grow as a team and develop new netball skills - all while having as much fun as a top Division 1 allowed. Well (drum roll please) our team finished 2nd on the ladder ... and second to last year's Division 1 premiers even spending the first round and a half on the top! HUGE achievement right there! The girls have grown enormously both as individual players and as a part of a very competitive -versatile and unified team of friends. Whilst they had no problems chatting off the court (mostly during training), we worked hard to try and transfer their special "chatting gifts" to the court. The girls are a credit to their parents with their outstanding sportsmanship, support of each other, and willingness to give their very best on court in any position. Thanks to Morgan for supporting our team as a reserve when needed. Thanks to Michelle our team manager for keeping us all organised. Thanks to Leeanne who was our amazing team coach No. 2 and who gave freely to the girls (and me) her expert knowledge and positive encouragement and support. To the parents, thanks for all your support and understanding, especially with the complexities that unfortunately come with the pressure of being competitive and fair in Division 1. To Asher, Danika, Emily, Graecyn, Hazel, Jem, Mackenzie and Sophie - as coaches we are very proud of all you have achieved this season and have enjoyed being around your happy "chatty" loveable personalities. Shout out to those who made FNA Representative this year (record number for Club from one team). We look forward to seeing you all continue to further develop your netty skills next year and having fun. Whatever happens in the final rounds, you are all truly winners for having had such a great season. On a final note, girls.... remember where you win it first (and not just in netball). From your very proud coaches - Jane Thomson (use your voice) & Leanne Dixon (eyes up...little feet - and we can't forget "what are you giving me today").



JE4 coached by Lauren



What an amazing team we have developed into! We have had a fantastic season, with many firsts for some players. First time playing an actual game of netball, first time facing our fears and anxieties on the court, first time exhausted from playing a full game and even first time shooting a goal! Being a winter sport, the girls have played in the windiest and wettest of days and in most of the games have shown amazing resilience, didn't complain and played some of their best Netball! Huge THANK YOU to Kelly who has been the most amazing team manageress! So organised, extremely knowledgeable, a supportive mum and such a valuable part of KNC. Thanks Kelly - the parents, the girls and I wouldn't have enjoyed the season as much without your help! Thanks to Rachel who helped coach and mentor our girls. She helped me juggle sporting clashes at junior football and it was fantastic to hear the girls listened to her, took her advice and played their best under her command. She always comes to her own training early to see the end of our training and to say hi and we just love that! Thanks to Parents and supporters for helping, cheering, scoring and timing! It so important for the girls to see that you support them, give positive feedback and encourage them to be resilient and to do their best. A small little thankyou to Samara for helping us out in the early games she played so well competing against older and taller girls. Her attitude and coachability is going to take her a long way - she is going to be an amazing player to any team she plays in. And thanks to Kardinya Netball Club, the committee, coordinators and all our umpires. It has been a fantastic first year at the club. It's been a wonderful learning journey for the girls. The girls have learnt a lot over the season and got used to a little bit of a different coaching style, but as a result they have become better players, a more cohesive team, found their strengths, they are learning not to be too hard on themselves, but to learn from mistakes and to give themselves feedback every minute, every second of the game and most importantly made some beautiful friendships and had FUN. Our little team of only 4 girls in the beginning has turned into 10 aggressive, competitive, confident and intimidating weapons on the court who support each other, teach each other and contribute to our team success. These girls are just so impressive warming themselves up and staying disciplined on court. Well done girls! It's been an absolute pleasure coaching you this year!



JC3 coached by Jennie and Robyn



Well.... what a lively, loud, and energetic team JC3 is!

Full of personality and competitive spirit, the girls surprised us in some way every week! Made up of Amber, Ellie, Gemma, Indi, Leora, Lily, Sofia, and new-comer to KNC, Tabi. It was a very tough first round, but despite the intense competition the team still had smiles and energy and showed they were not afraid to have a go. After round 1 they quickly settled into their grade and came away with some immediate wins, proving with determination and effort they could still make finals with reduced games.

As new coaches to this team, we simply asked that they listened, and tried their hardest to put out on court what we taught and practiced at training. And above all play as a team and enjoy their netball. Well, we have not been let down!

We have been proud to watch the girls grow and improve over the course of the season and were happy to watch them play out each and every game with enthusiasm, grit and a smile.

Jennie and Robyn xx





This quiet and diverse team made up of Amber, Becky, Jessie, Lila, Lily, Sarah, Zoe and Ruby came together for the first time this season. The team hit the court strongly in the first few rounds, and we were very pleased to watch them have immediate success and come away with some great wins. As coaches, our goal was to play to individual strengths while bringing the team together with court strategy, and refine the skills the girls already had.

We were challenged with injury and illness, and we were pleased to see them stick together through this, with each and every player carrying out their role and more on court. We thank the numerous fillins we have asked to play throughout the season, in particular Suraiya, Chelsea and Georgie in the lead up to finals. We are SO proud of how these girls held themselves throughout the season, gave their absolute all, tried new positions and game plans, and endeavoured to do everything we asked of them, sometimes even with a smile!

It really has been a pleasure and privilege to coach such a polite group of girls and we could not have been prouder of the effort they gave, every single week.

Jennie and Robyn xx



























New club, new players, new team, new perspective! Nervous, apprehensive excited! Big shoes to fill coming off a Grand Final placing the year before! Started off trying to remember names and positions!!!! Still learning names in week 15! First game first loss! But it was for me to learn combinations and see what the girls were all about. Week in week out their determination never ceased to amaze me. They never dropped their heads. Bounded together to step up even when the loss was dangling in their faces. They strived to be better each week. 7 straight players meant lots of fill ins and standbys. A very big thank you to all those from the JC3s and JD1s who were so happy to take the court or just be a bench warmer in their slides! Without you our wins would not have been possible. Sports camps, illness and injuries still showed up during the season. However, we persevered and managed to finish up in second spot!! I'm so proud of all the girls taking on new ideas, new positions and doing what's best for the team. They even assisted me in achieving my intermediate coaching accreditation without fuss or complaint. Thank you to the support of all the parents. Thoroughly enjoyed coaching the girls this year. I hope they've taken something away from this season whether it's a skill, new positions, an idea, or a new friendship. I'm looking forward to what they can show during finals and hope to see them back next season!

JB5 coached by Elise

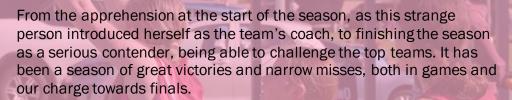


Back Row: Tahlia Quinlivan, Suraiya Aden, Caitlin Mooring, Georgiana Lockerbie, Kelsi Travis, Elise Currie (Coach)

Front Row: Caitlyn Jamieson, Chelsea Shackelford, Mackenzie Laird



It has been an absolute pleasure getting to know each and every one of these girls this year.





Girls the growth of each and every one of your netball skills this season is fantastic! But more important than that the bonds you have formed and confidence to give anything a go (even when I ask you to play those dreaded positions) has been a pleasure to witness.

A big Thank You to Dani Jamieson, Mackie Travis and Indi Whyatt for filling in for us this season

I could not be prouder of all you have done this season and hope to see you all back at KNC next year for another stellar season of Netball.







Set Green coached by Sophie and Bec



This team of beautifully bubbly girls aptly names themselves the Kardinya Cupcakes within the first few weeks. Although sweet they sure showed their bite towards the end of the season.

For many on the team this was their first-time playing netball, so we focused heavily on the basics and enjoying the game as a team. My gosh, how their confidence grew! These girls looked like a completely different team by the end of the season. The girls got a chance to experience all the positions on the court and I can already see lots of netball superstars in the making as their netball minds switched on. I loved seeing the girls come to games smiling and still smiling at the end no matter the score.

A big thank you to the amazing parents and families supporting the Kardinya Cupcakes from the sidelines, bringing the oranges/lollies, and stepping in to help whenever needed. Bec and I are so grateful for your support to us and the girls throughout this season.

To Bec my Co-Coach, thank you for being there to bounce ideas off, manage the team and coach while I was away, I truly couldn't have done this season without you!

Both Bec and I are very proud of you girls, and we can't wait to see you back next year to improve and refine those skills! The future of KNC is looking very bright in your hands!







GO G3 coached by Kayla and Kellie



2023 has been such a fun season for us, we have welcomed a few new players this year, who have fit right into the team and played so well!

The girls are getting so confident with the game and are really reading the play and calculating where they're situated/their passes to work in our favour!

We are pleased to have won more games than we have lost! Thanks girls, for always putting in the work at training, and bringing the best versions of yourself to the game!

It's such a pleasure to watch you all continue to grow into fabulous payers you are all destined to be 😊

Kayla and Kellie



17&U6 coached by Chelsea



This year was a rough year for the U17s, with players pulling out as the season was starting, to finding new players to fill the team last minute, to losing Cameron after round 1 at the same time of Archer's return... turned out this was the story of the year, fill ins each week to give us a full team.

Thank you to all of our fills in, particularly Caitlin who ended up being our added team member, after already playing her own game earlier.

We started the year off well, with a few wins and close games. However, the toll of different players each week, small numbers at training if we could train at all meant that as a team we lacked ability to gel and find some consistency.

Even though it was a tough one girls, you did play some amazing netball throughout the year!

I hope that you had some fun along the journey and look forward to seeing you all next year:)



Net Program coached by Jo



The Kardinya NET program was kicked off through the Woolworths NetSetGo starter program and developed by our skilled Kardy Coaches.

Over 12 fun filled Tuesday afternoons these 5-to-7-year old's experienced the basics of netball all while gaining confidence, getting active and having fun with new friends. The drills are completed through games and fun ageappropriate activities to harness those fundamental motor skills.

The NET program aims for its participants to be prepared and eager to take the courts as part of the Kardinya Set team.

This energetic group of netballers took to the training courts with a willingness to learn with a side of giggles and mischief. The focus this year was to provide a sound base to netball, but also make sure they were having fun. Throughout the weeks not only was there improvement in throwing and catching the ball, changing directions and shooting but their overall confidence increased within the team and themselves. By the end of it, they didn't shy away from telling me if we had already done a drill before and begging to play their favourite game banana tag.

Thank you so much to Cam and Elly for helping me out every week, you're both superstars and I wouldn't have been able to do it without you. Thank you also to Chelsea for guiding me through and jumping in when I was away! This group was a pleasure to coach! Good luck to the girls who will go onto the set program and for the rest of the girls see you next year!! - Jo

KNC Representatives

Coaches:

FNA ASSOCIATION CHAMPIONSHIPS

Players:
U12's
Gracelyn Luff
Danika Jamieson
Jem-Marie Cabral
Hazel Collard
Mackenzie Travis
Asher Bezant
Emily Rainne Dixon Training Partner

U13's
Indiana Wyatt
U14's
Genevieve Daker
Bronwyn Duck - Training Partner
U16's
Alice Mudie

Chelsea Eldridge - U14/1's 3rd
Debbie Librizzi - U16/4's Runner Up
Janelle Mudie - U12/3's Grand Final
Winners
Jane Thomson - U12/4's Runner Up against
Janelle's U12/3's
Zoran Panzich - U20/1's Grand Final
Winners

FNA Metro Development Carnival

Players - U12's - Gracelyn Luff and Danika Jamieson

Coaches - Deb Librizzi 14/1's - Winners
Janelle 12/1's - Winners

East Fremantle Sharks Netball Club

Chelsea Eldridge - Academy Assistant Coach







Season 2023 will most likely be remembered as the season of many highs and lows for our group.

Our goal for the year was a very simple one..."continuous improvement"...to keep doing what we do well consistently and to keep supporting each other no matter what we were delivering on court each week.

SA3 produced some outstanding netball across the season and although we were challenged with finding consistency, we managed to pull together when it counted to get the result we needed and as coach that's really rewarding.

This group understands that reward comes with effort, and as we embark on our finals campaign the belief in the group is strong, it's time to now deliver.

I'd like to say thankyou to Deb, Chelsea and the committee for your ongoing efforts across the season and for inviting me to join the club, but mostly I'd like to say thankyou to my playing group for their support and commitment throughout the year and for giving me the opportunity to lead them this season, it's greatly appreciated.

















SA8 coached by Janelle





New club, new players, new team, new perspective!

Started off with a strong beginning. First loss showed up in week 9! The season ended up as a strong one for us. Winning 12 of our 15 games.

Morning brunch, quiz nights and dinner bonding helped form respect and admiration amongst the team mates with lots of laughs between them all.



Overseas trips, flu, covid, kicking walls with our pinkies all contributed to borrowing players, juggling positions just to get us all through the last few weeks of the season to stay in number one spot!

I'm so proud of how all the girls conducted themselves against some tough opponents. Stayed true to themselves and to the club. I enjoyed watching this new team bond and grow as the season went on.

Well done to the minor SA8 premiers!











A big Thank You to...

OUR UMPIRES

KNC COULD NOT HAVE HAD SUCH A SUCCESSFUL SEASON WITHOUT EACH OF YOU AND YOUR WILLINGNESS TO HELP YOUR CLUB.

To our junior umpires I am proud of each of you, your commitment to developing your umpiring skills and knowledge has each of you on the path to becoming great umpires and I look forward to continuing to see your development in the years to come. – Elise Currie (Umpire Coordinator)

Taylor Bloomfield, Elise Currie, Genevieve Daker, Georgina Griechen, Alissa Hilman, Caitlyn Jamieson, Jennie Jamieson, Lily Knowles, Debbie Librizzi, Natalhia McCleery, Alice Mudie, Grace Mudie, Janelle Mudie, Isabelle Murray, Natasha O'Brien, Elizabeth Rumble, Lina Samarelli, Ema Tesevic, Nina Tesevic, Gemma Vinson, Gemma Wright, Danika Wylie

Committee

Executive Committee

Deb Librizzi – President & Grading Coordinator
Chelsea Eldridge – Vice President
Natalie Sullivan – Secretary
Danika Wylie – Treasurer
Alissa Hillman – Registrar
Elise Currie – Umpiring Coordinator

General Committee

Jo Macri – Social Chair
Sophie Keech – Media Relations
Kelly Sullivan – Trophies
Leanne Williamson – Uniform
Melanie Smith - Equipment Coordinator
Jennie Jamieson – Junior Wind-up Coordinator
Taylor Marsh – Senior Wind-up Coodinator
General Members:
Kayla Galipo, Kellie Wicks, Kathleen Watson,
Jaime Bialas & Bianca Leet

Life Members

Beryl Armstrong – 1987 Lyn Dvorak – 1988

Margaret Rudderham - 1989

Bev Morrisey - 1990

Leeanne Campbell - 1991

Michelle Plozza - 1992

Anne Marie Murray - 1993

Jane Thomson 1994

Jane Hankinson - 2004

Alison Harvey & Megan Wylie - 2010

Janine O'Grady, Natalie Basire & Brenda

Forkin - 2011

June Sullivan* - 2012

Dallas Birch* - 2012

Danika Wylie - 2015

Natalie Sullivan - 2016

Chelsea Eldridge - 2018

Alissa Hillman - 2021

SB1 coached by Deb



Front Row: Josephine Macri, Jayde Plozza, Taylor Bloomfield, Ashlyn Rice

This is an awesome team, combination of youth & knowledge! The team started off a bit rocky and needed to gel, as we welcomed a new player, Taylor to our club, Laura, Jo & Sophie from previous KNC team, Jayde, Amali & Ash from our 19's and Megan & Trudi from the non training side. The combination was chosen on skill, athleticism & netball brain. It was a gamble, one that paid off, as the team finished Minor premiers in SB1 for season 2023. Looking forward to seeing where they finish in finals. If they keep their heads and play netball as a team, then they will be a force to reckon with! As a coach, I was lucky to again have a team, with the ability to rotate the players & receive their best performance in all positions asked.

Big thank you to all our fill ins for season 2023, Katrina, Alex & Jenny from SB8, Janelle, SA8 coach & Michelle, Taylors Mum. Would like to thank Robyn our team manager, other KNC players, parents & boyfriends for the support on the side-lines throughout the season.

Special congrats to Laura for getting engaged during the season, hope it's the start of many dreams to come true, in the future.

Hope to see you ALL back in 2024!!













SB4 coached by Tarryn















Wow, what a season. This year saw a new team created, so we had to learn from scratch and then build on our skills as we learnt to play together. That was the least of our troubles...in reflection, to date, there was a total of 4 quarters where we had a full, fit and UNINJURED team (and that is being lenient). COVID-19 still caused disruptions to the season, not as much as injuries though. Broken fingers and sprained thumbs started the injuries for the season, then came the knee/leg injuries and amongst all of this the numerous black eyes that we have photographic evidence of. Who says netball is a non-contact sport?! The team themselves will tell you, why go to a professional, they only tell you not to play, so it was up to the coach to manage work loads and injuries...sigh. Commitment is one thing, this takes it to the next level. There was one very bright light in the middle of the

season, that nearly lost it's shine due to injury, that is the wedding of Danika to Dale. At one point we didn't think she would be able to dance the night away, let alone walk down the aisle. She will still tell you the injury was worth it, beating the top side. As I say commitment! Seriously, you are a fantastic group to coach, your willingness and commitment is wonderful! You have come a long way since our first training session as a team and can hold your heads high as you go into finals. Finally, a big thank you to our fill-ins! You have enabled us to have a team each week. So to Olivia, Nat and Izzy, thank you!!!! We hope to have enjoyed playing with us as much as we have enjoyed having you in the team.



SB8 coached by Deb



What a lovely bunch of ladies to coach & call friends. They showed you can not only win every game, every Saturday for season 2023, but also have fun doing it! Minor Premiers in SB8 for season 2023. Really positive for the finals round. Who said you can't teach "ole gals" new tricks. Once they listened & gelled, they were unstoppable. A team combination filled with youth & knowledge. Katrina, Skye & Sarah the awesome shooters, Jennie, Alex, Sarina the controlled C Court, Natasha, Jaime, Jen Jones & Rachel the brilliant defence. Sarina left us, half way, for work up north & Natasha was out with injury. Both, I hope will return for season 2024. One Saturday, we had Jaime's team of Hens cheering us on, as her Hens night started with playing netball first, what dedication. KNC wish her well with her wedding. Special mention to Alex's boyfriend, Brandon for supporting her when he was here, by wearing KNC Pink Hoodie at the games! Big thank you to all our fill ins for season 2023, Abbey King & Nat Sullivan. Would like to thank Robyn our team manager, other KNC players, parents & boyfriends for the support on the side-lines throughout the season. Hope to see you ALL back in 2024!!













SB7 coached by Danika





It has been great getting to know all the fantastic ladies in SB7 in my first year as a coach of Seniors!

We had a slow start to the season as we got to know each other on court and worked to cement set plays and positions. A few games in we added Emily to the team however, our team of 9 was short lived when Taylor announced her pregnancy and the end to her season a few games later.

Round 2 saw us finding some form and consistency and we managed some wins and close games. We managed two draws back to back, which we couldn't do again if we tried!

By the end of Round 3 we managed to hold onto our fourth place, cementing our first round finals spot.

It has been wonderful seeing the development and improvement in the players and here's hoping we can pull off a great underdog story in the finals series!







SC1 coached by Chelsea





Shanae Wright



Brittni Gard

A year of holidays, injuries, sickness, school work & parties for this young group of senior players. Even though we ended up with 10 players registered we still struggled with players for majority of the season. We would have achieved so much more with a full side every week, unfortunately was not meant to be this year.

As a team we were so close in majority of our games for the first two rounds, only 1 bad quarter a game which was our downfall. However, we did finish the year with a draw and in round 15 Won our first game... What a way to end a season full

of ups and downs on an absolute high way to go team!

Thank you to the number of fill ins that helped us get through the season, in particular Alice, Liana, Abby & Caitlin.

Hope you have all made new friends, had some fun and you all played some awesome netball during season 2023.





